# MAIL CALL

### Published by

**ANTHONY TRIPOLINO BRANCH 2200, N.A.L.C.** 

SERVING

Altadena, Glendale, La Canada, Montrose, Pasadena

Santa Clarita, South Pasadena, Sunland and Tujunga

Phone: 626-798-6122	www.nalc2200.org	Fax: 626-798-6457
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# FROM THE DESK OF THE PRESIDENT

H.R. 3076 - Fellow Brothers and Sisters - Your action is needed: PLEASE ask your senators to vote "YES" on H.R. 3076. The Postal Service Reform Act (H.R. 3076) passed in the House of Representatives with 342 bipartisan votes. Now, NALC is asking all letter carriers to contact their senators and ask them to vote "yes" on this important legislation. You can call the NALC Legislative Action Center at 844-959-1425 and be connected to your senators. H.R. 3076 is a bipartisan bill that will bring financial stability to the Postal Service. It includes key provisions for letter carriers, including eliminating the mandate that requires the Postal Service to pre-fund its retiree health care benefits decades in advance and will also codify six-day mail delivery. It also integrates future postal annuitants into Medicare. NALC has been fighting for the issues addressed in H.R. 3076 for years. It has finally reached the Senate as a result of the hard work and dedication of the members of NALC throughout the nation. If you have not done so, please reach out to your senators and ask them to vote "yes" on the Postal Service Reform Act.

COVID-19 - While cases have tapered off recently, there is still a risk of employees contracting the COVID-19 virus. As a reminder, carriers are eligible for filing a work-related Traumatic Injury Form CA-1 claim if they didn't contract COVID outside of work. Employees will be eligible for Continuation of Pay (COP) for 45 calendar days from the date the test sample was taken as long as the CA-1 claim was filed within 30 days of the test results. If an employee contracts COVID-19 again, within one (1) year of the initial CA-1 claim being filed, the employee needs to file for a Notice of Reoccurrence Form CA-2A Claim. If an employee contracts COVID-19 more than one (1) year past the previous CA-1 claim being filed, the employee needs to file a new CA-1 claim. It is very important that carriers file a CA-1 claim for COVID-19, especially since we don't know the long-term effects of the virus.

If a CA-1 claim for COVID-19 is filed and approved by the Department of Labor, medical expenses are also paid for by the Department of Labor, even if the symptoms develop years down the road due to the long-term effects of COVID-19. The CA-1 claim may also be filed on ecomp.dol.gov. It only takes a few minutes to file the claim, so don't let the time limits expire. If you have any questions, please contact the Branch at (626) 798-6122.

**COLA** - The January 2022 5<sup>th</sup> Contract COLA was released and set at \$1,331 annually. This increase will be added to every step in Table 1 and to Step O in Table 2, and then applied proportionately to Steps A through N in Table 2. The wage increase will be effective on February 26, 2022.

LEAVE YEAR – The Leave Year for 2022 will have 27 Pay Periods in comparison to the typical 26 Pay Periods per Leave Year. The 2022 Leave Year extends to January 13, 2023. As a result, Full-Time Carriers will receive an additional 4, 6 or 8 hours of annual leave depending on the employee's leave earning category. These extra leave hours will be in addition to the annual leave normally advanced to Full-Time Regulars at the beginning of the year. PTFs and CCAs will also be eligible for the additional leave earned in Pay Period 27. PTFs earn leave based on the number of work hours during the pay period up to the same amount of leave earned by full-time employees. CCAs are credited with one hour of annual leave for each twenty hours spent in a pay status during each biweekly pay period. Carriers should pay attention to their annual leave balance as the annual leave carryover provisions of 440 hours will not increase as a result of the additional annual leave earned in Pay Period 27 of 2022. If carriers carry over more than 440 hours to the 2023 Leave Year, the leave balance over the 440 hours will be forfeited, if it is not used by January 13, 2023.

In Solidarity –
 by Serop Karchikyan

# **NON-MEMBER ROSTER - BRANCH 2200**

LAST NAME	FIRST NAME	POST OFFICE	PL	<b>REG/CCA</b>	LAST NAME	FIRST NAME	POST OFFICE	PL	REG/CCA
Gonzalez	Heather	Altadena	10	R	Но	Raymond	Pasadena	7	R
					Lam	Tung	Pasadena	8	R
Banh	Kelly	Glendale	121	R	Manju	Mohammed	Pasadena	6	R
Esguerra	Benito	Glendale	141	R	Mejia	Gerald	Pasadena	5	R
Hovhannesian	Azad	Glendale	104	R	Moreno	Jose	Pasadena	4	R
Isajani	Derik	Glendale	161	R	Phan	Johnny	Pasadena	5	R
Khuu	David	Glendale	141	R	Trac	Tam	Pasadena	1	R
Mazariegos	Thelma	Glendale	162	R	Truong	John	Pasadena	6	R
Phung	Phan	Glendale	161	R	Victorio	Rodel	Pasadena	5	R
Rivera	Juan	Glendale	111	R	Wang	David	Pasadena	1	R
Rodriguez	Linda	Glendale	161	R					
Soldatenko	George	Glendale	104	R	Chavez	Anthony	Santa Clarita	620	R
Suh	Uk Sun	Glendale	141	R	David	Noel	Santa Clarita	620	R
Wen	Raymond	Glendale	104	R	Davinroy	Andrew	Santa Clarita	320	R
					Frasca, Jr.	Carmine	Santa Clarita	320	R
Ко	Miguel	La Canada	101	PTF	Lartigue	Kim	Santa Clarita	120	R
Luu	Hong	La Canada	101	R	Lartigue	Peter	Santa Clarita	120	R
					Lucas	Craig	Santa Clarita	120	R
Asuncion	Joel	Pasadena	6	R	Navarro	Junzky	Santa Clarita	120	R
Barsamian	Razmik	Pasadena	6	R	Ybarra	Jose	Santa Clarita	120	R
Carrillo, Jr	Ismael	Pasadena	7	R					
Chau	Sy	Pasadena	3	R	Helstrom	Paula	Sunland	320	R
Estrada	Angela	Pasadena	1	R	Srirathu	Rawat	Sunland	320	R
Frigillana	Abraham	Pasadena	0	R					
Gonzales	Gary	Pasadena	6	R	Sugiarto	Albertus	Tujunga	500	R
									44

Branch 2200 will pay \$100 to the first member (President not eligible) to sign up a non-member in a pay status on this list, with a completed, signed Form 1187. Payment processed upon completion of probation and first successful deduction. See your shop steward for forms or contact the Branch office at 626-798-6122. Our goal is 100% Membership!!

#### **GENERAL MEMBERSHIP MEETING** – January 11, 2022

The meeting was called to order via Zoom and in-person at 7:03 p.m. by President Serop Karchikyan. The pledge of allegiance was led by Sergeant-at-Arms Ric Roldan and there was a moment of silence for our departed brothers and sisters since the last meeting, including Jackie White from Los Angeles Branch 24. The roll call was answered by fourteen officers and stewards in good standing.

Motion (Siechert/Trieu) passed to waive the reading of minutes from previous meeting and accept as emailed/printed for the meeting. Motion (Siechert/Lindsay) passed to waive the reading of the bills and accept as emailed/printed for the meeting. Motion (Rich/Lineman) passed to accept the Treasurer's Report, as emailed/printed for the meeting.

Motion (Burskey/Trieu) passed to suspend the order of business for the installation of newly elected officers by Regional Administrative Assistant, Calvin Brookins. The officers of Branch 2200 were duly installed by Brother Brookins. **Congratulations to all!** 

Motion (Siechert/Lineman) passed to accept the following applications for membership: Edgar Aburto Martinez, AJ Adams, Charlene Aguilar, William Butler, Athanasius Chong, Hazel Chow, George Crooks, Jaime Garces, Jarek Hernandez, Martin Montes Mendoza, Iyunade Odedina-Blagden, Gabriella Rodriguez, and Ashley Verde. **Welcome new members!** 

Health benefits report included changes for CCA coverage and the TASC program. Fundraising for MDA includes a raffle for next month and Coordinator Zorn reported on MDA Summer Camp. There was a legislative report on several House Resolutions currently in action. Written audit report will be presented next month. There was discussion on COVID vaccines/testing, CCA pay issues, new vehicles, route inspection, review/adjustments.

President Karchikyan and the members acknowledged and thanked Walter Washington for his many years of service to our Branch. **Thank you Brother Washington!!** 

Motion (Siechert/Lineman passed to adjourn the meeting at 8:26 p.m. Submitted by,

#### GENERAL MEMBERSHIP MEETING – February 8, 2022

The meeting was called to order via Zoom and in person at 7:00 p.m. by President Serop Karchikyan. The pledge of allegiance was led by Sergeant-at-Arms Ric Roldan and there was a moment of silence for our departed brothers and sisters since the last meeting, including retiree Graham Cameron from Glendale. The roll call was answered by twelve officers and stewards in good standing.

Motion (Siechert/Temblador) passed to waive the reading of minutes from the previous meeting and accept as emailed and printed for meeting members. Motion (Siechert/Lineman) passed to waive the reading of the bills. Motion (Burskey/Siechert) passed that warrants be drawn and bills be paid. Motion (Siechert/Rich) passed to waive the reading of the Treasurer's Report and accept as emailed and printed for members at the meeting.

Motion (Temblador/Siechert) passed to accept new member applications on the first reading: Deborah Abahazy, Dae Bach, Freddie Barrow, Amanda Botel, Jay Diekan, David Dohren, Artour Gharibian, Francisco Gonzalez, Johnny Gutierrez, Armando Hernandez, Edgar Hernandez, Hampig Koushian, Ghali Lahlou, Henry Lemus Sandoval, Daniel Martinez, Joseph McCullough, Roberto Monterrosi, Cuiping Nill, Reneo Quinteros, Angel Rosal, Walter Sample, Kirin Sanchez, Darrius Spears, Jennifer Tarango, Owen Tophan, Genevieve Virgen de Santiago, Luttrell White, Courtney Wilder. **Welcome!!** 

Legislative representatives, Zorn and Collier, updated on HR3076 being passed by the House and going to the Senate. Health Benefit Representative Lineman reported on reimbursements for Rapid COVID tests through the NALC health benefit plan. The 2022 Food Drive is tentatively set for May 14th. Audit committee will present their written report at next month's meeting.

President Karchikyan reported on filing CA-1 claims for COVID, mask policies, and the extension of COVID memorandums thru April 8th. Congratulations to the winners of the MDA raffle and thank you to everyone who participated. We raised \$335 for MDA!

Motion (Temblador/Siechert) passed to adjourn the meeting at 8:11 p.m.

Submitted by,

Nancy Norman Secretary-Treasurer

Nancy Norman Secretary-Treasurer

# **TREASURER'S REPORT JANUARY-FEBRUARY 2022**

INCOME	JANUARY	FEBRUARY				
NALC Active Rebate	35,755.80	24,890.02	JANUARY-FEBRUARY TRANSFER			
NALC Retiree Rebate	0.00	0.00	FROM	то	AMOUN	
Direct Dues	119.78	1,083.50				
nterest-Dividend	88.57	80.39	Checking	Convention	3,842.5	
Other Income	0.00	28.00	Checking	Mikita	100.0	
TOTAL INCOME	\$35,964.15	\$26,081.91	Checking	Building	2,000.0	
			Convention	Checking	0.0	
EXPENSES	JANUARY	FEBRUARY				
Building Maintenance	0.00	0.00				
Car Allowance	500.00	500.00				
	0.00	0.00				
COP Meeting Election	0.00	0.00	ACCOUNT BALANCES 12/31/2021			
	0.00	0.00				
Equipment Maintenance			General Checking		\$181,511.47	
Gardening	0.00	0.00	Mikita Scholarship		\$4,684.87	
Insurance	0.00	0.00	Building Fund		\$302,268.81	
Internet	90.80	90.80	Convention/Training		\$101,592.84	
Mail Call	0.00	73.20	MDA LIABILITY		0.00	
Meeting Meal	425.00	0.00	TOTAL ACCOUNTS		\$590,057.99	
Miscellaneous**	154.47	0.00				
National Convention	0.00	0.00				
Office Expenses	327.49	268.25	ACCOUNT BALANCES			
Office Supplies	158.72	27.12	1/31/2022			
Officer Benefits	1,748.91	1,666.48	General Checking		\$190,043.92	
Officer/Steward Salary	16,135.33	16,145.92	Mikita Scholarship		\$4,735.07	
Payroll Taxes/Filing	1,642.30	1,399.83	Building Fund		\$303,335.03	
Per Capita Tax	76.00	34.50	Convention/Training		\$103,508.49	
Postage	243.49	187.99	MDA LIABILITY		0.00	
Professional Fees	0.00	0.00	TOTAL ACCOUNTS \$601,		\$601,622.51	
Property Tax/Use Tax	0.00	0.00				
Retiree Bonus	200.00	500.00				
Seminars - Legislative	0.00	2,007.66	ACCOUNT BALANCES		ANCES	
State Convention	0.00	0.00	2/28/2022		2	
Telephone	125.81	126.26	General Ch	ecking	\$191,237.65	
Utilities	297.86	116.78	Mikita Scho	olarship	\$4,785.25	
Website Fees	148.24	0.00	Building Fund		\$304,394.90	
TOTAL EXPENSES	\$22,274.42	\$23,144.79	Convention		\$105,468.86	
			MDA LIABIL	· •	0.00	
NET INCOME	\$13,689.73	\$2,937.12	TOTAL ACC		\$605,886.66	

\*\*Funeral flowers/carrier gratuity

# Over 32 years, 'Mailman Mike' put his stamp on neighborhood

It's not just living somewhere that makes you part of a community, but when you spend nearly every day walking the streets of a neighborhood, sometimes that's enough to make you one and the same. This was the case for Mike Herrington, who recently retired from the U.S. Postal Service after nearly 32 years — 22 of which were spent on the same route in Valencia.

While half of his route consisted of curbside mailboxes, the other half required door-to-door delivery. "As you're coming up to a house, there are people outside and you introduce yourself and say hello and you get to know these people where you're really becoming part of a family," Herrington said. Herrington really felt like he became part of the neighborhood, even vacationing and backpacking with some of the residents on his route.

"There's just undeniably a bond between a lot of the families and myself because I do see them daily," he added. "There were some customers that really felt like I was one of their neighbors." Herrington joined the USPS years ago just before he had a child when he needed a stable job with benefits. And after nine years working in Woodland Hills, Herrington was able to secure a transfer to Santa Clarita where he lived.

As he began his route walking the hills in Valencia, he began to form bonds with the community. "I treat everybody with respect... You say hello, you wave, they honk," he said. "You're there every day. They expect to see you." Herrington would notice things that happened in the neighborhood, whether it was when someone didn't pick up their mail or left their garage door open, and would check in on them. And for some, Herrington became a staple in the community.

"There was a family on one of my streets where their young son wanted to be mailman Mike," Herrington recalled. "He would be out there every day, and he would emulate the things I was doing like making mail deliveries. You do a lot of extra things for people when you know them," he added, noting that he and some of his regulars even set up a system where they'd set out orange cones on the sidewalk when they needed a package picked up. Over the years, he saw many kids grow up and leave the house only to return unrecognizable. "Kids would come back from college with beards and they look like completely different people," Herrington said, chuckling. "It's a crazy thing." Since he announced his retirement, he's received an outpouring of thanks and well wishes, according to his wife Kelley, who said, "People adore him... His customers are so sad to see him leave."

"It's overwhelming. You know these people, and you see them frequently, but you don't realize how much a part of their life that you are," Herrington added, as he began to get emotional. "I have some of the best customers." While a little anxious about retiring and breaking his daily routine after all these years, Herrington is convinced he can keep himself busy and is looking forward to having more time to spend with his hobbies of music and hiking.

### Printed from article posted January 11, 2022 "The Signal," Santa Clarita's local newspaper



CONGRATULATIONS MIKE!!!

# LAST PUNCH BUNCH Recently Retired – 2021 to Present Branch 2200 Members

Arnel Adao, Paul Anderson, Gi Bae, Charles Benitez, Danny Chow, Michael Crawford, Ngam Dang, Jason Davis, Helen Debarmore, Dervon Dunagan, George Dy, Ting Fan, Juan Gonzalez,
Miguel Gutierrez, Michael Herrington, Tony Hong, Jacqueline Huete, Agustin Leung, Keith Lineman, Steven Luong, Co Mach, Brian McGill, Bomtea Mitchell, David Moses, Su Fen Ngai, George Oliver, Benjamin Padilla, Nathaniel Powell,
Stella Rodriguez, Beverly Simpson, Clarence Spears Jr, Joseph Stuart, Phouttha Tangsavath, Luc Thong, Hung Tran, Qui Tran, Tom Tsai, Rommel Velasco, Venetia Wade, Benjamin Wong, Donna Young

# CONGRATULATIONS ALL!!

# Meeting Attendance January/February 2022

# Officers:

President Serop Karchikyan – P/P Vice President Calvin Rich – P/P Secy-Treasurer Nancy Norman – P/P Financial Secy Amy Lee – P/P Sergeant at Arms Ric Roldan – P/P Health Benefits Rep Keith Lineman - P/P MBA Representative Vinh Trieu – P/P Trustee Leroy Collier – P/P Trustee Rob Burskey – P/P Trustee Jan Siechert – P/P Stewards: Glendale Main Office: Calvin Rich – P /P Glen La Crescenta: ArturAghakhanyan – P/A La Canada/Montrose: Tina Giancanelli – P/P Pasadena GMF 01: Kevin Nguyen – A/A Pas Jackie Robinson 03/04: Carolyn Zorn – P/P Santa Clarita Main Office: Scotty Reese – P/A South Pasadena: Vinh Trieu – P/P

Tujunga: Rob Burskey – P/P

# Dear Sisters & Brothers,

**TASC** – If you're enrolled in the NALC Health Benefit Plan like me, late last year you probably received a letter and a debit card from TASC (Total Administrative Services Corporation). I wanted to know "What is TASC and how do I build up a balance on this debit card?" I hope this helps.

**TASC** is a third-party Wellness Incentive program connected to our NALC Health Benefits. When you take certain actions to improve your health, TASC adds money to your debit card; that's the incentive. This is to help us live healthier, longer lives — which in turn can cut down on health care costs for everyone.

The NALC Health Benefit Plan 2022 Benefits brochure was mailed out at the end of last year. The Wellness Incentive Programs and ways to build up your balance on the TASC debit card are listed on Pages 13-19. These are a few of the goals and practices that result in incentive payments:

- Getting COVID-19 vaccines
- Getting annual flu and pneumococcal vaccines
- Getting a biometric screening at your annual physical
- Enrolling in programs to help you lose weight or quit tobacco
- Enrolling in the Healthy Pregnancies, Healthy Babies program

# **MEMBERSHIP MEETINGS**

Tuesday, March 8<sup>th</sup> 7:00 p.m. Tuesday, April 12<sup>th</sup> 7:00 p.m. In-Person/Zoom 1310 N Oxford Ave in Pasadena Zoom Check in @ 6:45 p.m.

As long as the pandemic allows, we will be meeting in-person and via zoom (hybrid). Masks are required at all in-person meetings, whether you are vaccinated or not. If you have any topics or information that you would like to see discussed in the meeting, please let us know via email: nalc2200@gmail.com or call the Branch office at 626-798-6122 SEE YOU ALL SOON!!!

These are only some of the Wellness Incentive programs. Regarding the TASC debit card balance, you are eligible to receive one reward amount per program or wellness activity per calendar year. When you have a balance on your TASC card, you can use it for out-of-pocket medical expenses, vitamins, co-pays, eyeglasses, and other eligible medical expenses.

To get started, you'll need to call the number listed on the letter (800-422-4661), to share your email address. If you're married, then your spouse's email address as well. You'll be asked for your unique 12-digit TASC ID # which is on the letter. You can visit the NALC Health Benefit Plan's website at nalchbp.org. You also can speak to a customer service representative at 888-636-6252.

# Live long and Healthy!

Jan Siechert, Branch Trustee NALC Health Benefit Plan Member

# MIKITA SCHOLARSHIP AWARD

Reminder that scholarship applications are due at the Branch office no later than April 1, 2022

Application and Guidelines are posted on our website: <u>www.nalc.org</u> or call the office for an application